

THE THAI FOREST

TAKEAWAY MENU

15% discount on collection

Opening Hours

	Lunch	Evening
Monday	Closed	Closed
Tuesday	Closed	5:30pm - 10:30pm
Wednesday	Closed	5:30pm - 10:30pm
Thursday	Closed	5:30pm - 10:30pm
Friday	Closed	5:30pm - 10:30pm
Saturday	Closed	5:30pm - 10:30pm
Sunday	Closed	5:30pm - 10:30pm

24 High Street, Lyndhurst SO43 7BG

Tel: 02380 284266

www.thethaiforest.co.uk

*** Please always advise our service staff for any allergies and special dietary requirement before placing the orders

We cannot guarantee that any items are completely allergen free due to being produced in a kitchen that contains ingredients with allergens as well as products that have been produced by suppliers.

N = Contains Nuts

* Mildly Hot, ** Medium Hot, *** Very Hot

Prices may vary without prior notice.

STARTER

- 1. The Thai Forest Platter (N) For 2 people £15.95**
Veg spring rolls, Chicken satay, Prawn tempura, Pork Ribs, and Prawn Toast, served with sweet chilli and peanut sauce.
- 2. Prawn Toast £7.95**
Minced prawn on toast, fried and served with sweet chilli sauce.
- 3. Honey Pork Spare Ribs £7.95**
Grilled marinated pork spare ribs in honey and herbs.
- 4. Chicken Satay (N) £7.95**
Skewers of tender chicken breast marinated in spices, grilled and served with peanut sauce.
- 5. Thai Fish Cake (N) £7.95**
Minced fish in red curry paste, green beans, lime leaves, served with peanut sweet chilli sauce.
- 6. Pork Dumpling (Dim Sum) £7.95**
Steamed minced pork dumpling and water chestnut served with homemade sweet soy sauce.
- 7. Duck Spring Rolls (N) £7.95**
Deep-fried duck rolls, served with hoi sin sauce and peanuts.
- 8. Prawn Tempura £7.95**
Deep-fried marinated tiger prawns in batter, served with sweet chilli sauce.
- 9. Salt & Pepper Squid * £8.50**
Light battered squid fried with salt and pepper, topped with chopped red chilli.
- 10. Vegetable Spring Rolls £6.75**
Deep fried vegetables spring rolls, served with sweet chilli sauce.
- 11. Sweet Corn Cake £6.75**
Sweetcorn cake deep-fried and served with sweet chilli sauce.
- 12. Veggie Dumpling £6.95**
Steamed mixed vegetables served with hoi sin sauce.
- 13. Thai Prawn Crackers £3.25**
Thai prawn crackers served with homemade chilli oil

SOUP

- 14. Tom Yum * Chicken £7.50 Prawns £7.95**
Hot and sour soup, with lemon juice, lemongrass, galangal, chilli, lime leaves and mushrooms.
- 15. Tom Kha Chicken £7.50 Prawns £7.95**
Traditional creamy coconut soup with lemon juices, lemongrass, galangal, lime leaves and mushrooms
- 16. Deep Ocean Soup * £8.50**
Spicy mixed seafood soup with lemon juice, lemongrass, lime leaves, galangal and fresh chilli

SALAD

- 17. Thai Style Beef Salad *** £9.50**
Tender sliced beef with vegetables and Thai style chilli dressing.
- 18. Roasted Duck Salad ** £9.50**
Light battered, sliced roasted duck, with red onions, cucumber, tomatoes in spicy lemon salad dressing.
- 19 Papaya Salad (N) ** £8.50**
Spicy Papaya salad combined with carrot, tomato in chilli dressing, topped with crushed peanuts.

CURRY

- Chicken £9.25 Pork £9.25 Beef £9.95**
Prawn £10.50 Lamb £10.50 Duck £10.50
Vegetable £8.50
- 20. Green Curry ****
Favourite Thai green curry in coconut milk with bamboo shoot and Thai herbs.
 - 21. Red Curry ****
Red curry in coconut milk with bamboo shoot, aubergines and Thai herbs.
 - 22. Panang Curry ****
Aromatic red curry with coconut milk, fine beans, peppers and kaffir lime leaves.
 - 23. Massaman Curry * (N)**
Southern Thai curry in coconut milk, onions and potatoes with tamarind juice, topped with cashew nuts.
 - 24. THE THAI FOREST Curry *****
In house recipe, Non-coconut milk spicy red curry with galangal, lemongrass, lime leaves and krachai.

CHICKEN

25. Gai Pad Pried Wan £9.25

Chicken in batter stir-fried with vegetables in sweet and sour sauce.

26. Gai Pad Khing £9.25

Chicken stir-fried with ginger, mushrooms and spring onions.

27. Gai Pad Gaprao *** £9.25

Chicken stir-fried with fresh chilli, fine beans and basil leaves.

28. Gai Pad Himmarn (N) £9.25

Chicken in batter stir-fried with cashew nuts, mushrooms and spring onions.

PORK

29. Moo Pad Pried Wan £9.25

Pork stir-fried with vegetables in sweet and sour sauce.

30. Moo Pad Khing £9.25

Pork stir-fried with ginger, mushrooms and spring onions.

31. Moo Pad Gaprao *** £9.25

Pork stir-fried with chilli, fine beans and basil leaves.

BEEF

32. Nuea Pad Khing £9.95

Tender beef stir-fried with ginger, mushrooms and spring onions.

33. Nuea Pad Gaprao *** £9.95

Beef stir-fried with chilli, fine beans and basil leaves.

34. Nuea Pad Gatiem £9.95

Stir-fried beef with garlic, pepper, onions and spring onions.

35. Nuea Pad Nam Man Hoi £9.95

Stir-fried beef in oyster sauce, mushrooms, broccoli and spring onions.

36. Tiger Cry (Grilled Beef Sirloin) £16.95

Marinated sirloin steak, grilled, sliced and served with Thai style dipping sauce.

DUCK

37. Ped Pad Khing £10.50

Duck stir-fried with ginger, mushrooms, and spring onions in soy sauce.

38. Ped Pad Gaprao *** £10.50

Breast of duck stir-fried with chilli, fine beans and basil leaves.

39. Duck on Nest (Tamarind Duck) £14.25

Crispy roasted duck, sliced and topped with tamarind sauce, based on e crispy egg noodle.

LAMB

40. Lamb Pad Cha *** £10.50

Stir-fried tender lamb with fresh chilli and special Thai herbs.

41. Lemongrass Lamb** £10.50

Stir-fried lamb with lemongrass sauce and Thai herbs.

42. Lamb in Black £10.50

Tender lamb stir fired in black pepper sauce.

43. Prik Gang Lamb ** £10.50

Slow cooked lamb stir-fried with green beans, red chilli paste and kaffir lime leaves.

44. Greenish Lamb ** £15.95

Tender French trim lamb grilled with aubergines and topped with tasty rich green curry sauce.

FISH & SEAFOOD

45. Goong Ta Khai ** £10.50

Stir-fried prawns with lemongrass sauce and Thai herbs.

46. Goong Pad Himmarn (N) £10.50

Tiger prawns stir-fried with cashew nuts and Vegetables.

47. Goong Yai Pad Hor La Par *** £15.25

King prawns stir-fried in spicy sweet basil sauce.

48. Goong Yai Chu Chi ** £15.25

King prawns in thick red curry sauce and Thai herbs.

49. Talay Pad Ped*** £15.25

Stir-fried mixed seafood with chilli and selection of Thai herbs.

50. Dusty Ocean ** £15.25

Mixed seafood stir-fried in garlic and tasty black pepper sauce.

51. Sea Bass Rad Prik * £15.95

Light battered fried fillets sea bass with sweet chilli and garlic sauce and peppers.

52. Chu chi Pla Sea bass ** £15.95

Fried fillets sea bass in light batter, topped with rich red curry sauce, and kaffir lime leaves.

TOFU & VEGETABLES

53. Pad Aubergines * £8.25

Stir-fired aubergines with fresh chilli, garlic, basil in oyster sauce.

54. Tofu & Cashew Nuts (N) £8.50

Tofu stir-fried with cashew nuts, mushroom and vegetables.

55. Tofu Pad Bai Ga Prao *** £8.50

Stir-fried tofu with fresh chilli, fine beans and basil leaves.

56. Tofu Pad Khing £8.50

Stir-fried tofu with fresh ginger, mushroom and spring onion.

57. Pad Broccoli Khing £7.50

Stir-fried broccoli with garlic, ginger, in oyster sauce.

NOODLE

Vegetables £8.50 Chicken £9.25

Prawns £10.50 Seafood £12.95

58. Pad Thai (Famous Thai Noodle) (N)

Rice noodles stir-fried with beansprouts, egg, tamarind juice and topped with crushed peanuts.

59. Pad See Ew

Large flat rice noodle stir-fried with vegetable, egg and dark soy sauce.

60. Pad Khee Mao ***

Stir-fried large flat rice noodle with fresh chilli, garlic, dark soy sauce and basil leaves.

RICE & SIDE DISH

61. Steamed Jasmine Rice £3.00

62. Egg Fried Rice £3.50

63. Coconut Rice £3.75

64. Sticky Rice £3.50

65. Pineapple Fried Rice (N) £8.50

Fried rice with egg, prawns, carrots, cashew nuts, raisins and pineapple.

66. Special Fried Rice £8.50

Fried rice with egg, mixed meats and vegetables.

67. Chips £3.25

68. Plain Noodle £4.95

Stir-fried rice noodle in soy sauce.

